

# RECIPE

## Fennel Steak

### Ingredients

- 1 fennel bulb
- 2 tbs olive oil
- 1 tbsp picked fresh thyme
- ¼ cup picked fresh dill
- 1 onion red finely diced
- 1 lemon juiced & zested
- ½ cup tahini
- 1 cup Greek-style yoghurt
- Salt & pepper to taste



### Method

1. Cut the fennel into 3-4 length slices.
2. Drizzle with olive oil. Sprinkle with salt and pepper.
3. Place in the air fryer for 10-15 or until golden.
4. Add sliced red onion, dill, lemon juice, tahini, oregano, and olive oil to a bowl and mix well.
5. Remove the fennel and place on a plate. Dress with the salad dressing.