

RECIPE

Beet Salad

Ingredients

- 4 raw beetroots
- 1 pomegranate
- 1 bunch of parsley
- 3 tbsp lemon juice
- 3 tbsp olive oil
- Handful of walnuts
- 1 tsp sumac powder



Method

1. Boil beets and dice when cooled.
2. Dice parsley and walnuts and add to bowl with diced beets.
3. Break down the pomegranate and add with all other ingredients into the bowl.
4. Mix everything together and serve.