

RECIPE

Baby Qukes and Guacamole

Ingredients

- 2 ripe avocados
- 1 lemon juiced
- 1 packet of Qukes baby cucumbers
- 1 bunch of Broccolini
- 3 tbsp olive oil
- ½ tsp salt
- Pepper to taste



Method

1. Add olive oil to a frypan on a medium heat.
2. Cut the broccolini into small pieces. Add them to the frypan.
3. Add the avocado to a bowl. Mash together and then add lemon juice, salt, olive oil, salt and pepper.
4. Place the baby Qukes around the serving tray. Add the guacamole to the centre of the tray.
5. Sprinkle the cooked broccolini over the guacamole. Add salt, pepper, lemon juice and herbs.